

What our members say

“It’s the best thing that’s happened for me in a very long time”

“I feel as though I matter, that I’m noticed again”

“I like everything about it, the whole thing is very good and I look forward to coming”

“It’s being able to talk about these things with other people who are in exactly the same boat as you are, caring for someone 24/7, and they understand!”



Joining the Meeting Centre

If you would like to attend the Meeting Centre or refer someone to the support programme, please contact us:



Age UK Herefordshire &
Worcestershire
Malvern Gate, Bromwich Road,
Worcester. WR2 4BN

Telephone:
0800 008 6077 / 01905 740950

Email:
mcsp@ageukhw.org.uk
ageuk.hw@nhs.net



MEETING CENTRES UK

**DROITWICH SPA
MEETING CENTRE**

Helping members to
live well with dementia

Meeting Centre Support
Programme delivered by:



What is a Meeting Centre?

Meeting Centres have been successful in the Netherlands for over ten years. They provide a place where people are supported to understand and adapt to living with dementia. Meeting Centres offer person-centred support for people with dementia and their carers / family.

Who is the Meeting Centre for?

Anyone with mild or moderate dementia and their carers/family who live in Droitwich Spa and the surrounding villages. If you live outside of these areas, please still contact us as we may have places available and can offer you advice.

What happens at a Meeting Centre?

People living with dementia can attend up to three days per week to take part in activities such as singing, shopping, reminiscence, music, dance, sports, creativity sessions or outings. All sessions will be built around the interests of the people who attend. Carers and families are also fully involved in the programme of support alongside the person living with dementia which includes:

- Friendly and informative discussion groups
- Assistance and support with practical, emotional and social issues
- Regular one-to-one advice and support

Community Involvement

We welcome involvement from organisations and individuals in our Community to raise awareness of dementia, reduce social isolation and promote more inclusive services for people affected by dementia. Community involvement can include:

- Information events
- Exciting volunteering opportunities
- Ideas to make your organisation dementia friendly
- Education sessions
- Fundraising

The Meeting Centre Support Programme (MCSP)

A dedicated team of staff and volunteers from Age UK Herefordshire & Worcestershire provide the Meeting Centre Support Programme.

Where: Droitwich Spa Rugby Club, Hanbury Road, Droitwich. WR9 7DU

When: Every Wednesday, Thursday and Friday

Time: 10.30am – 3.30pm

Cost: £20 per member, family/carer member for each day. Includes morning and afternoon refreshments. Members need to bring their own lunch.

Parking: Free parking. Information available on transport options.

Droitwich Spa Meeting Centre (DSMC) Charitable Incorporated Organisation (CIO)

The DSMC CIO is a registered charity no: 1172997. The objects of the CIO are, for the public benefit, to relieve those in need by reason of living with dementia, including those diagnosed with dementia, their family and carers by providing:

- A Meeting Centre in Droitwich Spa, Worcestershire and;
- Education and support to others wishing to understand the Meeting Centre and/or set up their own Meeting Centre

Age UK Herefordshire & Worcestershire

Age UK Herefordshire & Worcestershire is a local independent charity no: 1080545, affiliated by agreement to the Age UK movement. They provide a range of services to people over the age of 50, including dementia care. They have been commissioned by the DSMC CIO to provide the Meeting Centre Support Programme.

For more information:

www.droitwichspameetingcentre.wordpress.com

www.ageukhw.org.uk



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